

GUIDELINES FOR READY-TO-USE THERAPEUTIC FOODS (RUTF) CXG 95-2022

Adopted in 2022 Codex

Preamble: Children affected by severe acute malnutrition (SAM) need efficacious and timely intervention including safe, palatable foods with a high-energy content and adequate amounts of vitamins, minerals and other nutrients within an appropriately designed programme that promotes continuation of breastfeeding, appropriate transition to nutritious family food and psycho-social support for recovery. In accordance with the Joint Statement¹ by the World Health Organization (WHO), the World Food Programme (WFP), the United Nations System Standing Committee on Nutrition (UNSCN) and the United Nations Children's Fund (UNICEF) (2007) and taking note of other relevant documents by WHO and FAO, ready-to-use therapeutic food (RUTF) is a WHO recommended option for the dietary management of children aged from 6 to 59 months with SAM without medical complications. However, this does not preclude other dietary options including the use of locally-based foods. RUTF is not for general retail sale.

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better future, with better nutrition



3 RUTFs a day keeps the doctor away

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Fund the production of RUTFs



Multiple Micronutrient Supplements: Achieving a critical standard of care...

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Patti Rundall @pattirundall · 5d
I joined this webinar and asked what steps are being taken to ensure that MN supplements are not commercially exploited in ways that undermine confidence in local minimally processed foods and increased use of Ultra-processed products?

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HealthyMothersHealthyBabies · 3h
Commercial exploitation was not a focus of this webinar, however, as with any such product, national governments have the mandate and accountability to implement and enforce regulatory frameworks.

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This F-100 therapeutic milk provides special dietary requirements for young children and babies suffering from Severe Acute Malnutrition, or severe wasting.

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MALNUTRITION APPEAL

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MALNUTRITION EMERGENCY
Conflict, poor weather conditions and price rises are driving a deadly spike in malnutrition in many parts of the world. Children under five are most at risk. In Niger, Ethiopia, Nigeria, Somalia and South Sudan, MSF is operating specialised inpatient feeding centres and is providing critical care to paediatric patients with severe medical complications. Treating malnutrition with food is not enough. Young children with severe malnutrition can become extremely vulnerable to conditions they'd otherwise recover from. We need your support to provide the lifesaving medical care these children desperately need.

£41 could pay for a blood pressure monitor to help detect underlying health issues

£447 can provide a month of lifesaving therapeutic food to treat 24 severely malnourished children

£194 could pay for a sustenance kit to help mothers provide babies with essential nutrition

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TREATING MALNUTRITION IS ABOUT MORE THAN FOOD. IT'S ABOUT MEDICAL CARE.

DR. JENNA BROOME IS A DOCTOR RECENTLY RETURNED FROM ETHIOPIA
A MSF nurse helps a mother feed her four-month-old malnourished child in Madarouna clinic, Niger. Photograph © Olivier Barth MSF

Malnutrition isn't just hunger. These children have an inability to fight off infectious disease because their immune systems have been so compromised that they need a whole range of medical care. But one thing I've learned working for MSF is that it doesn't take that much to combat malnutrition. With the right treatment and care, kids can really bounce back. You don't need a lot of fancy kit. You need antibiotics, vaccinations, basic medical equipment, therapeutic food, and doctors and nurses who can do the work. You can do an awful lot with very little. It's completely unacceptable that children are still dying of starvation in 2023 when it's so treatable and preventable. And it's not just in Ethiopia. In Nigeria, in South Sudan, in Somalia, MSF teams are treating men, women and children caught up in this ongoing malnutrition crisis. If MSF wasn't there, many of these children would die. We need your support to keep reaching and treating people affected by this malnutrition crisis. We can't do it without you.

"The malnutrition crisis in Ethiopia is the worst I've ever seen. You walk into our feeding centres and there are malnourished children everywhere. All our beds are full, family members are sleeping on the floors, mattresses line the corridors and, every day, more desperately ill people arrive. We just can't turn anybody away. We see kids brought in who are really sick, almost at the point where they won't survive. But with just a little bit of care and some focused treatment, we see them turn around. We give them antibiotics, oxygen and blood transfusions and, once they are stabilised, start them on therapeutic food and they begin to get better. You see their personalities come back, they start to smile, they come alive again. It's the best feeling in the world witnessing something like that, watching kids who could barely lift their heads a few weeks earlier running and playing. It's so moving to see parents having their little ones restored to them."

YES I would like to support this appeal