Humanitarian appeals ignoring breastfeeding and family foods

GUIDELINES FOR READY-TO-USE THERAPEUTIC FOODS (RUTF) CXG 95-2022

Adopted in 2022 Codex

Preamble: Children affected by severe acute malnutrition (SAM) need efficacious and timely intervention including safe, palatable foods with a high-energy content and adequate amounts of vitamins, minerals and other nutrients within an appropriately designed programme that promotes continuation of breastfeeding, appropriate transition to nutritious family food and psycho-social support for recovery. In accordance with the Joint Statement1 by the World Health Organization (WHO), the World Food Programme (WFP), the United Nations System Standing Committee on Nutrition (UNSCN) and the United Nations Children’s Fund (UNICEF) (2007) and taking note of other relevant documents by WHO and FAO, ready-to-use therapeutic food (RUTF) is a WHO recommended option for the dietary management of children aged from 6 to 59 months with SAM without medical complications. However, this does not preclude other dietary options including the use of locally-based foods. RUTF is not for general retail sale.
F-100 is a breastmilk substitute

For more information:
Patti Rundall, V=Baby Milk Action/IBFANUK  prundall@babymilkaction.org  07786 523493